

UNICEF Day for Change: **make a change at your school**

It's easy to make a change on UNICEF Day for Change. Your school can be involved in all sorts of exciting and creative way to celebrate. Change what you wear, what you do or take the Walk for Water Challenge.



Change what you wear...



On UNICEF Day for Change ask students to change what they wear for exchange of a gold coin donation.

- Hold a **national dress day** where students dress in costumes representing different countries around the world
- Ask students to come dressed in the **colours of the Timor-Leste flag**
- Invite students to **change their shoes** for the day, or come to school with **crazy hair and hats**.

Change what you do...



Invite teachers and students to come up with creative ideas about how you can change your school day on UNICEF Day for Change. You could:

- **swap teachers** and classes for the day or **hold a lesson outside**
- learn and play **games from around the world**
- organise an **international food day** with bring dishes from countries around the world
- organise a 'School Idol' **talent show** to focus on themes related to poverty and education
- organise a **school quiz or trivia event** about education in Timor-Leste and the work of UNICEF around the world
- Run a **sports day for Timor-Leste** and add a twist to the day by only using handmade sports materials. For example, soccer balls made out of materials plastic bags or bamboo.
- hold a **teacher vs student soccer** tournament at the school
- **Paint a mural** about children's right to go to school

Take the Walk for Water Challenge...



In 2011, UNICEF Australia is setting schools around Australia a challenge on UNICEF *Day for Change*. The Walk for Water Challenge will help teach students about the importance of having access to clean safe drinking water at school and give them the opportunity to raise funds to support the work of UNICEF in Timor-Leste.

How it works

The UNICEF *Day for Change* Walk for Water challenge sees schools take students for a walk off site to a water source in their local area – a park, lake or shopping centre – any location where safe drinking water is available. Students bring buckets and bottles to school to take on the walk and fill up at this water source to provide their drinking water and hand-washing water during UNICEF *Day for Change*.

Students make a small donation to participate in the Walk for Water Challenge, with all funds going toward helping UNICEF provide students in Timor-Leste access to WASH (water, sanitation and hygiene) at school.

Just \$2 will provide a child with access to a water container to collect and store safe drinking water.

\$2

can provide **one 10 litre** water container for one child to transport and store water.

\$7.00

is the price of **100 sachets of oral rehydration salts**, which mixed with safe water, helps children combat dehydration and diarrhoea.

\$543

can provide a **Water Pump** for an **entire community**, reducing the time women and children spend collecting water. This increases the likelihood of children attending school.

\$21.00

can provide 1,750 water purification tablets, each treating 4-5 litres of water, enabling children to drink and wash safely.

\$60

can help provide **60 children** access to clean water for 40 days.

\$1,155

can provide a septic tank and enough toilets for a whole school, giving boys and girls access to separate toilets.